

**Downloading**  
patterns from the past

**Access  
Your...**

**Performing:**  
achieve results through  
practices, infrastructures

**suspending**

**Seeing**  
with fresh eyes

**Open  
Mind**

**embodying**

**Prototyping:**  
co-create strategic microcosms

**deep dive**

**Open  
Heart**

**enacting**

**Sensing**  
from the field

**Crystallizing**  
vision and intention

**letting-go**

**Open  
Will**

**letting-come**

**Presencing**  
connecting to Source

**Who is my Self?  
What is my Work?**

**Co-sensing**

**Co-Presencing**

**Co-creating**